

MEDICAL SUMMARY – ABC XYZ

CHRONOLOGICAL MEDICAL SUMMARY

**Name: ABC XYZ
DOB: 00/00/0000**

Document Name Page No	Date of Service	Provider	Particulars
01.11.2018 XYZ Bates Number Record.pdf Pg. 0000014-19 / 104	10/9/2017	LBH, SC	<u>ED Record Note</u> Chief Complaint: <ul style="list-style-type: none">• MVC Neck Pain HPI: <ul style="list-style-type: none">• MVC occurred 1 day ago, hit by car C/o right neck pain & difficulty In sleep. Current Medications: <ul style="list-style-type: none">• NuvaRing Vitals: <ul style="list-style-type: none">• Temp: 97.0, PR: 102, BP: 146/64 RR: 16, Pain Level: 7/10, Sat: 98% Prescription: <ul style="list-style-type: none">• Motrin 800mg 1tab oral TID (With food).• Flexeril 10 mg tablet, oral TID as needed for pain. MD Note: <ul style="list-style-type: none">• Patient does not have a condition that requires further testing at this time. Discharge to home & Return to ED if condition worsen.
01.11.2018 XYZ Bates Number Record.pdf Pg. 0000012-13 / 104	10/9/2017	LBH, SC	<u>Emergency Room Disposition Summary</u> Chief Complaint: <ul style="list-style-type: none">• MVC, Neck Pain Current Medication: <ul style="list-style-type: none">• NuvaRing Diagnosis: <ul style="list-style-type: none">• Car occupant injured in collision with other vehicle in accident. Prescription: <ul style="list-style-type: none">• Motrin 800mg 1tab oral TID (With food).• Flexeril 10 mg 1 tab oral TID as needed for pain.

			<p>Disposition:</p> <ul style="list-style-type: none"> • Home <p>Follow up:</p> <ul style="list-style-type: none"> • With family physician.
<p>01.11.2018 XYZ Bates Number Record.pdf Pg. 000001- 11 / 104</p>	<p>10/13/2017</p>	<p>MMC, RN</p>	<p><u>Emergency Department Note</u></p> <p>Chief Complaint:</p> <ul style="list-style-type: none"> • Status post MVC, presented for evaluation. • Moderate paraspinal neck spasm with pain since 5 days with back pain. • Toe Pain <p>History of present illness:</p> <ul style="list-style-type: none"> • Patient came to ED for right-sided neck & back pain following MVC on Sunday. Patient was seen at LBH on Monday. Also complaints of right great Toe pain since Sunday after pedicure. <p>Physical exam:</p> <ul style="list-style-type: none"> • Vitals: BP: 113/72, PR: 95, RR: 16, T: 36.4. • Neck: ROM limited due to pain, paraspinal muscle tenderness. • Lower extremity: Right great toe erythema with small drainage. <p>Allergy:</p> <ul style="list-style-type: none"> • Keflex <p>Diagnosis:</p> <ul style="list-style-type: none"> • Primary: Cervical strain / spasm. • Additional: Back strain, right great toe paronychia, MVA. <p>Medications/ Recommendations:</p> <ul style="list-style-type: none"> • Soma 350 mg tablet Oral, every 8 hours as needed. • Naprosyn 500mg tablet oral, 1 tab every 12hours as needed. • Soak foot in warm water for 15 min. every hour for 2 days. <p>Follow up:</p> <ul style="list-style-type: none"> • With primary physician in 1-2 days.

<p>01.11.2018 XYZ Bates Number Record.pdf Pg. 000028 -32/ 104</p>	<p>10/27/2017</p>	<p>BFM, DW</p>	<p>Progress Note Chief Complaint:</p> <ul style="list-style-type: none"> • MVA <p>HPI:</p> <ul style="list-style-type: none"> • The Pt. had MVA on 10/08/2017. She hit the right side of her face. She did go to the hospital next day because of neck pain and difficulty sleeping, imaging was not done. She continued to complain of severe pain of the right cervical dorsal region radiating down right side back into her lower lumbar. Pain is affecting her ability to work as a waitress. She is taking Ibuprofen, Flexeril and Soma. <p>Current Medication:</p> <ul style="list-style-type: none"> • Nuvaring 0.12-0.15 mg/24 hour <p>Objective:</p> <ul style="list-style-type: none"> • Vitals: BP: 124/84, T: 97.8, BMI : 24.5 <p>Treatment:</p> <ul style="list-style-type: none"> • TENS x 20 mins • ICE/MPH x 20 mins <p>Assessments/Plan:</p> <ul style="list-style-type: none"> • Cervicalgia: X-ray cervical spine. • Low back pain: X-Ray Lumbar/Sacral Hot or Cold Packs, T.E.N.S. Unit. • Neuralgia and neuritis, Unspecified: Prednisone 10mg 3 tab twice a day for 2 days, 2 tabs twice a day for 2 days, 1 tab twice a day for 2 days. • Muscle spasm of Back: Baclofen 10mg Take 1 three times a day as needed.
<p>01.11.2018 XYZ Bates Number Record.pdf Pg. 000035 -36/ 104</p>	<p>10/27/2017</p>	<p>LBH, PB</p>	<p>Radiology Report X-ray Lumbar Spine:</p> <ul style="list-style-type: none"> • Indication: Injury • Impression: Negative Lumbar Spine <p>X-ray Cervical Spine:</p> <ul style="list-style-type: none"> • Indications: Injury • Impression: No evidence of fracture
<p>01.11.2018 XYZ Bates Number Record.pdf</p>	<p>10/30/2017</p>	<p>BFM, DL</p>	<p>Visit Note Reason for visit:</p> <ul style="list-style-type: none"> • Patient presents as new case MVA <p>Vitals:</p>

<p>Pg. 000058 -59/ 104</p>			<ul style="list-style-type: none"> • BP: 124/84, T: 97.8, BMI: 24.5 <p>Diagnosis:</p> <ul style="list-style-type: none"> • Cervicalgia • BMI – 24.0 -24.9 • Neuralgia and neuritis • Low back pain • Muscle spasm of back <p>Medications:</p> <ul style="list-style-type: none"> • Prednisone 10mg (21) 3 tab twice a day for 2 days. • Baclofen 10mg take 1tab three times a day as needed. • Continue Nuvaring 0.12-0.015 mg 24 hour, use as directed. <p>Procedures:</p> <ul style="list-style-type: none"> • Hot or Cold packs – • Electrical Stimulations as therapy plan of care <p>Follow-up:</p> <ul style="list-style-type: none"> • 10/31/2017
<p>01.11.2018 XYZ Bates Number Record.pdf Pg. 000066- 69 / 104</p>	<p>10/30/2017</p>	<p>BFM, DL</p>	<p><u>Latter to Insurance Company</u></p> <p>History:</p> <ul style="list-style-type: none"> • She sustained a motor vehicular collision on 10/08/2017 & hit right side of her face. She is experiencing severe pinching pain in the right cervical & dorsal spine with radicular pain down the right side of her back. Pain is affecting her work as she feels severe pain while working. Also has trouble sleeping due to pain. She presented to ED for evaluation. She was discharged with Motrin & Flexeril. • Due to continuous pain she presented to St. Mary ED on 10/13/17. She was still having right-sided neck pain, tightness & tenderness. She was given Soma 350mg & Naprosyn 500mg. She now presented to the office for further evaluation & treatment. • Her initial visit was on 10/08. <p>Physical exam:</p> <ul style="list-style-type: none"> • Cervical spine: C2-C7 paravertebral spasms & tenderness. ROM decreased • Trapezius: Positive paravertebral spasms & tenderness. • Thoracic spine: T2-T10 paravertebral spasms & tenderness. ROM decreased.

			<ul style="list-style-type: none"> • Lumbar spine: L5-S1 paravertebral spasms & tenderness. ROM decreased. <p>Plan/Recommendations:</p> <ul style="list-style-type: none"> • Begin a course of moist heating pads with TENS followed by ultrasound therapy. • X-rays performed & studies were normal. • She was started on Baclofen, Vimovo & Prednisone. • Out of work note has been written for patient. <p>Diagnosis:</p> <ul style="list-style-type: none"> • Cervicalgia. • Low back pain. • Neuralgia & neuritis.
<p>01.11.2018 XYZ Bates Number Record.pdf Pg. 000060- 64/ 104</p>	<p>10/31/2017</p>	<p>BFM, DL</p>	<p><u>Follow-up Note</u></p> <p>Chief complaint:</p> <ul style="list-style-type: none"> • Follow up of MVA. • She still has pain in her right side of neck & lumbar. Had episode of right arm numbness. <p>Vitals:</p> <ul style="list-style-type: none"> • BP: 110/78, T: 98.7, BMI: 24.3 <p>Current Medication:</p> <ul style="list-style-type: none"> • Prednisone 10mg (21) • Baclofen 10mg • Nuvaring 0.12-0.015mg / 24hr <p>Allergies:</p> <ul style="list-style-type: none"> • Keflex <p>Treatments:</p> <ul style="list-style-type: none"> • TENS x20 mins • PENS x 20 mins • ICE/MPH x 20 mins <p>Assessment:</p> <ul style="list-style-type: none"> • Cervicalgia: Complete Prednisone and continue Baclofen, Pens – Electrical Stimulation as per therapy plan. • Body mass index 24.0-24.9, adult. • Low back pain: Tramadol HCL 50mg 1-2 tab by mouth as needed, hot or cold Packs, T.E.N.S. Unit. • Neuralgia and neuritis, Unspecified : Complete Prednisone taper. • Muscle spasm of Back: Continue Baclofen 10mg take 1 three times a day as needed.

<p>01.11.2018 XYZ Bates Number Record.pdf Pg. 000070- 72/ 104</p>	<p>11/3/2017</p>	<p>BFM, DL</p>	<p><u>Follow Up Note</u> Nurse note:</p> <ul style="list-style-type: none"> • Pain in lower back & on right side of neck. Received therapy in lumbar & traps for 20mins. <p>Current medications:</p> <ul style="list-style-type: none"> • Tramadol hcl 50mg • Prednisone 10mg • Baclofen 10mg • Nuvaring <p>Diagnosis:</p> <ul style="list-style-type: none"> • Cervicalgia • Low back pain • Neuralgia & neuritis • Muscle spasm of back <p>Procedures:</p> <ul style="list-style-type: none"> • Hot or cold packs. • Electrical stimulation. <p>Follow up:</p> <ul style="list-style-type: none"> • On 11/07/17.
<p>01.11.2018 XYZ Bates Number Record.pdf Pg. 000072- 75/ 104</p>	<p>11/7/2017</p>	<p>BFM, DL</p>	<p><u>Follow Up Note</u> Subjective:</p> <ul style="list-style-type: none"> • Follow up of neck & low back pain. Had some improvement but symptoms have worsened to previous state now. Has radiating pain into right shoulder. <p>Current medications:</p> <ul style="list-style-type: none"> • Tramadol hcl 50mg • Prednisone 10mg • Baclofen 10mg • Nuvaring <p>Vitals:</p> <ul style="list-style-type: none"> • BP: 124/76, T: 97.8, BMI: 24.8 <p>Assessment/plan:</p> <ul style="list-style-type: none"> • Cervicalgia: Assess with MRI, hot or cold pack, TENS unit. • Low back pain: Continue current treatment. • Neuralgia & neuritis: Lyrica 75mg, Prednisone 10mg in taper dose. • Muscle spasm of back: Tender point injections into right trapezius, Baclofen 10mg thrice a day. <p>Procedures done:</p> <ul style="list-style-type: none"> • TENS X 20mins. • Ice/MPH x 20mins.

<p>01.11.2018 XYZ Bates Number Record.pdf Pg. 000049 -50/ 104</p>	<p>11/9/2017</p>	<p>BFM, DL</p>	<p>Follow Up Note: Reason for visit:</p> <ul style="list-style-type: none"> • Follow-up of neck and back pain <p>Allergies:</p> <ul style="list-style-type: none"> • Keflex <p>Vitals:</p> <ul style="list-style-type: none"> • BP: 124/76, T: 97.8, BMI: 24.8 <p>Diagnosis:</p> <ul style="list-style-type: none"> • Cervicalgia • BMI – 24.0 -24.9 • Neuralgia and neuritis • Low back pain • Muscle spasm of back <p>Medications:</p> <ul style="list-style-type: none"> • Tramadol HCL 50mg 1-2 tab by mouth q8 as needed. • Baclofen 10mg take 1 three as needed. • Nuvaring 0.12-0.15mg / 24hr, use as directed. • Discontinue: Prednisone 10mg tablet <p>Procedures:</p> <ul style="list-style-type: none"> • Tendon/ligament injection-BFM • Hot or cold packs. • Electrical stimulation. • Inj. Methylprednisolone Acetate.
<p>01.11.2018 XYZ Bates Number Record.pdf Pg. 000079/ 104</p>	<p>11/10/2017</p>	<p>BFM, DL</p>	<p>Follow Up Note Nurse note:</p> <ul style="list-style-type: none"> • Complaints of pain in the lower & right upper back. Received hot packs for 20 mins in lumbar & Traps. <p>Current medications:</p> <ul style="list-style-type: none"> • Tramadol hcl 50mg • Baclofen 10mg • Nuvaring <p>Vitals:</p> <ul style="list-style-type: none"> • BP: 120/82, BMI: 25. <p>Diagnosis:</p> <ul style="list-style-type: none"> • Cervicalgia • Low back pain • Neuralgia & neuritis • Muscle spasm of back <p>Procedures done:</p> <ul style="list-style-type: none"> • Hot or cold packs. • Electrical stimulation.

<p>01.11.2018 XYZ Bates Number Record.pdf Pg. 000081/ 104</p>	<p>11/13/2017</p>	<p>LBH, MA</p>	<p><u>MRI Cervical Spine</u> Indication: <ul style="list-style-type: none"> • S/p MVA with right-sided neck pain. Impression: <ul style="list-style-type: none"> • Minimal disc bulging at C3-4 through C5-6. </p>
<p>01.11.2018 XYZ Bates Number Record.pdf Pg. 000085/ 104</p>	<p>11/21/2017</p>	<p>BFM, DL</p>	<p><u>Follow Up Note</u> Subjective: <ul style="list-style-type: none"> • Follow up of MVA. She is working limited hours with improvement in her symptoms. At the end of her shift her low back & neck are worse. Now having right leg pain. Current medications: <ul style="list-style-type: none"> • Tramadol hcl 50mg • Lyrica 75mg • Baclofen 10mg • Nuvaring Vitals: <ul style="list-style-type: none"> • BP: 142/98, T: 98, BMI: 25. Assessment/plan: <ul style="list-style-type: none"> • Cervicalgia: 3 trigger point injection Into right Trap, 1 into right cervical. • Low back pain: Tramadol, TENS, hot or cold pack, Pens. • Neuralgia & neuritis: Continue Lyrica 75mg, • Muscle spasm of back: Trigger point injections, Baclofen 10mg thrice a day. • Segmental & somatic dysfunction of thoracic region: OMT. • Segmental & somatic dysfunction of rib cage: OMT. • Segmental & somatic dysfunction of cervical region: OMT • Segmental & somatic dysfunction of head: OMT • Segmental & somatic dysfunction of lumbar region: OMT Treatment: <ul style="list-style-type: none"> • PENSX 20mins. • Ice/MPH x 20mins. • OMT </p>
<p>01.11.2018 XYZ Bates Number Record.pdf</p>	<p>12/05/2017</p>	<p>BFM, DL</p>	<p><u>Follow Up Note</u> Subjective: <ul style="list-style-type: none"> • Presented for general exam & referral to dermatology. </p>

<p>Pg. 000091/104</p>			<p>Current medications:</p> <ul style="list-style-type: none"> • Tramadol hcl 50mg • Lyrica 75mg • Baclofen 10mg • Nuvaring <p>Vitals:</p> <ul style="list-style-type: none"> • BP: 124/70, T: 98.2, BMI: 24.8. <p>Assessment/plan:</p> <ul style="list-style-type: none"> • Acne Vulgaris: Minocycline & Salicylic Topical wash. Referral to Dermatology.
<p>01.11.2018 XYZ Bates Number Record.pdf Pg. 000096/104</p>	<p>12/08/2017</p>	<p>BFM, DL</p>	<p>Follow Up Note</p> <p>Subjective:</p> <ul style="list-style-type: none"> • Presented for follow up of MVA. She is working part time due to pain. Able to work 5-6 hours with notable increase in neck & back pain. <p>Overall improving.</p> <p>Current medications:</p> <ul style="list-style-type: none"> • Tramadol hcl 50mg • Lyrica 75mg • Baclofen 10mg • Solodyn 105mg • Stridex Essential 1%. <p>Physical examination:</p> <ul style="list-style-type: none"> • Vitals: BP: 116/74, T: 97.8, BMI: 24.6. • Musculoskeletal: Hypertonicity of paraspinal musculature notably of the thoracic & lumbar spine with tenderness. <p>Treatment:</p> <ul style="list-style-type: none"> • TENS for 20 mins. • OMT • ICE/MPH for 20 mins. <p>Assessment/plan:</p> <ul style="list-style-type: none"> • Cervicalgia: RTO as needed, hot or cold packs, OMT, TENS. Due to recurrent symptoms patient is justified in staying part time in work. • Low back pain: Tramadol as needed. • Muscle spasm of back: RTO as needed, Baclofen 10mg thrice a day. • Segmental & somatic dysfunction of thoracic region: OMT. • Segmental & somatic dysfunction of rib cage: OMT. • Segmental & somatic dysfunction of cervical region: OMT • Segmental & somatic dysfunction of

			<p>head: OMT</p> <ul style="list-style-type: none">• Segmental & somatic dysfunction of lumbar region: OMT• Segmental & somatic dysfunction of pelvic region: OMT
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